



Sweden - Norway - Denmark

13 Days-12 Nights

North Countries and the Fiords of Norway

Day 1. Arrival in Stockholm by fly

Departure from ... at ... arrival to Stockholm at ... Transfer in Stockholm from airport to the hotel. Also referred to as "Venice of the North", Stockholm is situated in the middle of archipelago consisting of 24.000 islands and it is considered one of the most beautiful capitals of the world. Free time for dinner and a walk with the guide in **Gamla Stan**, which is the oldest part of the city, with Middle Eve perfume. Gamla Stan with narrow cobble streets between buildings dating from the Middle Eve, as old as from the 13th century, offers bars, restaurants, coffee shops and boutiques like it has been for the past centuries. For a unique experience, alcoholic or non alcoholic drinks may be enjoyed at the ice bar, or one can have a dinner in the ancient **catcombs**. The guide will show all locations.

Accommodation in Stockholm - hotel in the city centre.

Comfort Hotel Stockholm - <http://www.choicehotels.no/hotels/hotel?hotel=SE030>

Day 2. Stockholm - Venice of North

Breakfasts open buffet. Stockholm is a cosmopolitan city often referred to as the "Venice of North" has a lot to offer. We will enjoy a panoramic bus tour in Stockholm with several breaks to visit: **Stadhuset** - Hall town of the city, with **Blue Hall** and **Gold Hall**, where the Nobel ceremony is held each year, **Kungliga Slottet** - **Royal Palace** (exterior), where at 12:00 o'clock the change of guards take place, it is the biggest royal residence of the world, the Cathedral-**Domkirke**, The **Parliament**, The **University** of Stockholm, The **Dramatic Theatre**. The Cathedral of Knights and **Vasa Museum** (where there is a Viking boat) is optional. Free time for tourists. **Suggestions:** a cruise in the Stockholm archipelago, a visit to the Skansen Museum, which is a park with more then 150 Swedish houses from different time periods and the Swedish Country side or explore the city centre full of shops, restaurants and bars.

Accommodation in Stockholm - hotel in the city centre.

Comfort Hotel Stockholm - <http://www.choicehotels.no/hotels/hotel?hotel=SE030>

Day 3. Stockholm - Oslo, The North city of lights

(E18) - About 522 Km with a speedy trein modern and comfortable.

Breakfasts open buffet. In the morning, after breakfast departure to Norway. The trip will pass the **Varmland** province, **Karlstad** city, situated on the border of the **lake Vanern**, the biggest lake in Sweden. The Nordic landscape, the lakes and the forest, give another dimension to the world exotic. Arrival in the evening, around 18.00 in Oslo, the capital of the Norwegian Kingdom, a city full of life, surrounded by lakes, fiords and forests. After checking in to the rooms, you will have free time to enjoy Oslo. The hotel is in the centre of the town, offer nice facilities to relax and a pool or you can join the guide for a small walking tour of the city. **Suggestions:** walking tour in the city, with the guide. In the centre of the town on **Karl Johan street**, you can see the Cathedral-**Domkirke** (which is opposite of the hotel), the **Central Station**, the **National Theatre**, The **Parliament-Stortinget**, the **University of Oslo** and the **Royal Palace- Kongelige Slottet**, the statue of **Karl Johan** who was king

of Sweden and Norway between 1818 and 1844 and several beautiful buildings in local and international style. After Karl Johan, we pass the **City Hall**, where the **Nobel Peace Prize ceremony** is held each year, on our way to the harbour front, **Aker Brygge**. Oslo is a harbour city on the border of Oslo Fjord. From Aker Brygge we can see **Akershus Fortress**, a medieval monument from 13th century and The Nobel Institute Peace. Aker Brygge is the modern futuristic centre of Oslo, with old buildings restored and new ones made from glass and steel in harmony with each other. During the past centuries the area was an industrial one; today it is the most attractive part of the city, on the harbour front, overlooking the Oslo Fiord. It is full of lights and life, picturesque restaurants, bars, shopping centres and luxury locations.

The new project transform this part of city with artificial canals with boats, several giant sculptures representing the fauna of North, like polar bears, unusual walking streets and others attractions. The centre of the city it is very compact and most of the important touristy sights can be made on foot.

Accommodation in Oslo - hotel in the city centre.

[Clarion Hotel Royal Christiania](http://www.choicehotels.no/hotels/hotel?language=en&language=no&hotel=NO036) - <http://www.choicehotels.no/hotels/hotel?language=en&language=no&hotel=NO036> or

[Comfort Hotel Boersparken](http://www.choicehotels.no/hotels/hotel?language=en&language=no&hotel=NO020) - <http://www.choicehotels.no/hotels/hotel?language=en&language=no&hotel=NO020>

Day 4. Oslo - Lillehammer, Olympic city

Breakfasts open buffet. Walking tour of Oslo with a visit to see Vigeland Park. We will see the Cathedral- **Domkirke** (in renovation), The Parliament- **Stortinget**, **University** (has an aula with frescos decorated by Edward Munch), Royal Palace- **Kongelige Slottet**, **Opera**, **Nobel Centre** and **Vigeland Park**. We will stop to visit one of the most important attractions of the city, the grand Vigeland Park. There are 192 statues made in bronze, iron and granite which are exposed in the outdoor “art gallery”/park, which is the biggest park of the city. All the statues was created by and donated to the city of Oslo by the artist Gustav Vigeland. **Optional: Bygdøy Island**, where there is Viking Museum. In the museum there are 3 authentic Viking boats which the archaeologists found in the Oslo Fiord, sledge for transport of people, different tools and others artefacts from the Golden Age of Vikings. Departure to Lillehammer around 15:00 PM; arrival in the evening in the famous Olympic city which hosted the winter Olympics in 1994. Oslo - Lillehammer about 3 hours.

Suggestion: After checking in to the hotel room, walking tour in the centre of Lillehammer. You can enjoy a special dinner or just a coffee in the centre of the city. We can recommend one of the restaurants with its ingenious location next to a small river providing a romantic setting with the sound of the river in the background. It is just opposite of the hotel.

Accommodation in Lillehammer - hotel in the city centre.

[Clarion Collection Hotel Hammer](http://www.choicehotels.no/hotels/hotel?hotel=NO028) - <http://www.choicehotels.no/hotels/hotel?hotel=NO028> or

[Rica Victoria Hotel Lillehammer](http://www.rica-hotels.com/Hotels/Rica-Victoria-Hotel-Lillehammer/) - <http://www.rica-hotels.com/Hotels/Rica-Victoria-Hotel-Lillehammer/>

Day 5. Lillehammer - Sogndals

E6 - Lillehammer - Trondheim 340 Km, about 5 hours and 15 minutes.

Breakfasts open buffet. Today we will start the adventure of exploring **Fjordland**, the country of fiords, with one of the most beautiful landscape of the world. Departure from Lillehammer to Sogndal, passing the wonderful **Valley Gudbrandsdalen**, a traditional district in the Oppland Provence. The Valley is orientated in the direction N-V, from Lillehammer and **Mjøsa Lake** towards Romsdal a distance of 230 km. The river Gudbrandsdalslågen flows through the valley, starting from Lesjaskogsvatnet and end in Mjøsa Lake. After passing through the Valley, on the way to Sogndal, starting with Rondane, we enter and pass the highest mountains of Norway (**Glittertind** 1464 m and **Galdhøpiggen** 1469 m.), with eternal glaciers bathing in the sun on the top of the mountains. Arrival during the evening in Sogndal. It is a small community situated in the centre of the **Sognefiord**, the biggest fiord in the world, 204 km long and 1296 m deep. Sogndal have about 7000 inhabitants, it is the regional centre of transport, services and education. It is this area that “Eggja” was discovered in 1917. “Eggja” is a stone with runic inscriptions, important for the ancient Norwegian language. (Runic = ancient term applied to inscriptions on boulders and on bedrock.) The tradition began in the 4th century, and it lasted into the 12th century, but most of the runestones date from the late Viking Age. Most runestones are located in Scandinavia. About 13 km from the hotel, **Kaupanger Stavkyrkje** can be found. A medieval church made in wood which is still intact. It was restored several times, most recently in 1960, when the exterior was restored to its original look in the 17th century. However, the first church was built in the 11th century. In this area of Norway, several such churches may be found.

Accommodation in Sogndal - Hotel in the city centre.

[Quality Hotel Sogndal](http://www.choicehotels.no/hotels/hotel?language=en&language=no&hotel=NO062) - <http://www.choicehotels.no/hotels/hotel?language=en&language=no&hotel=NO062> or

[Hofslund Fiordhotel](http://www.hofslund-hotel.no) - <http://www.hofslund-hotel.no>

Day 6. Songdal - Sognefiord - Flåm - Myrdal - Bergen

Breakfasts open buffet. Departure to Bergen, the old capital of Norway before Oslo. Today you will have two unforgettable experiences. A cruise in **Sognefiord**, about 2 hours and a travel with a train named **Flåmbana**, also about 2 hours. Flåmsbana is a mountain train which cross through a spectacular narrow pass, ascend in 50 minutes 850m, from **Flåm** (a small community at the end of **Aurlandsfjord**), to **Myrdal** at the top of the mountains in a landscape which surpass any imagination. It was inaugurated in 1944, and from that time on it has become an international touristy attraction. On the train journey you will admire one of the most dramatic contrasts between fiord and mountain, from the idyllic landscape of the Aurlandsfjord to tops of mountains with snow and water falls. It is said about Flåmsbana that it is the most beautiful journey by train in the world. At the halfway point of the train journey, the train stops for all to enjoy of the sight and landscape of **Kjosfossen** torrent and for photo opportunities. With beautiful music and song in the background you will get to see the seductive and fascinating **Huldra** appearing and disappearing into the waterfall, a special and unreal atmosphere and setting. Of course it is staged for tourists but it is beautiful. Free time for dinner in Flåm. There are several restaurants there with international and autochthon food which do not include pork. The journey continuous to Bergen via E16. Arrival in Bergen during the evening. Bergen it is in the summer a city full of life, you can enjoy of the cheerful atmosphere, of bars and restaurants in the harbour, which was and still it is the centre of the life in Bergen. All the historical buildings (**Hansa Buildings**) are in the harbour.

Accommodation in Bergen - Hotel in the city.

Clarion Hotel Stavanger - <http://www.choicehotels.no/hotels/hotel?language=en&hotel=NO079>

Day 7. Bergen, the Gate through Fiords - Stavanger

Breakfasts open buffet. The city tour starts at 09:00 in the morning. In Bergen you can see **Bryggen** Harbour, **Hanseatic Houses**, which are **UNESCO monuments**, **Bergenhus Fortress**, the **Fish Market** (which is full of local produce, fresh fish and sea food, and you can taste it), the **Flowers Market**, the church **Sf. Maria-Mariakirken**, the local **Dom- Domkirke** and the ancient **Gate of the city**. During the morning and day, **Torget** (Market), located in the heart of the city, is full of life and crowded with people shopping for and enjoying the stands with smoked salmon, fresh fruits and vegetables and other delicacies. Free time for shopping, souvenirs or well-known pullover made in wool "Dale of Norway". **Optional:** Ride with the funicular on the hill **Fløyen**, a point of belvedere from where you can admire the city and the Fiord.

We leave Bergen, the second largest city in Norway and the "Gate towards Atlantic Ocean", like was named, and we continue the way along the coast to the third largest city in Norway, Stavanger, "The Oil and Gas Capital of Norway". On the way we will visit the house and the **Museum** of composer/musician **Edvard Grieg**, located in a truly idyllic place. On the way to Stavanger we will enjoy 2 ferry trips, 50 minutes and 25 minutes, and lunch can be eaten during the first voyage including hot meals. Before arrival in Stavanger, we will pass by 2 tunnels under the ocean, at 223 m below the water level. Arrival at hotel in Stavanger situated in the centre of the town. Free time to explore **Gamle Stavanger**, the old city centre, with 300 year old white houses on narrow cobble streets and for a walk in the harbour.

Accommodation in Stavanger - City centre.

Quality Hotel & Resort Strand - <http://www.choicehotels.no/hotels/hotel?hotel=NO057>

Day 8. Stavanger, the Capital of Oil - Vrådal

Breakfasts open buffet. Starting in the morning with **Stavanger city tour**. From the bus we will see the main touristy attractions and surroundings of Stavanger. You can see the ancient **harbour**, the cathedral or **Domkirke**, **Gamla Stavanger**, the old city, the **Swords** from **Harfsfiord** in **Madla**, monument which commemorated the unification of Norway (one of the symbols of the city), the **Iron Age Farm** at **Ullandhaug** and television tower. The Iron Age Farm is a reconstructed farmstead from the Migration Period, circa 350-550 AD, it is located at the top of Ullandhaug, 3 km from the centre of Stavanger and it offers a fantastic view of North Jæren and of **Harfsfjord** where King Harald Fairhair fought the battle that united Norway into one kingdom around 900 AD. On the way we will make short stops for photo opportunities.

Departure around 12:00 o'clock from Stavanger to Dalen/Vrådal. On the way, short stop for a photo to **Frafjord - Gandsfjord**. Stop in **Byrkjedal** for lunch. It is a very popular place to visit for locals from Rogaland and tourists, where you can have lunch and enjoy the local candle "factory" shop which offers souvenirs, candles in all forms and colours. The building is made from glass, steel and wood and incorporates a natural cliff. The way to Byrkjedal is magnificent. After lunch the way continues over the mountains to Vrådal, about 4 hours, with a short stop at "**Gloppedalen**" - a place with stones remained from the ice age, 10.000 years ago. Arrival in Vrådal, a cute little town located in the mountains near a lake. At the hotel you can enjoy the swimming pool and sauna or go for a walk in the beautiful surroundings.

Accommodation in Vrådal - On the lakeside.

Quality Hotel & Resort Strand - <http://www.choicehotels.no/hotels/hotel?hotel=NO057>

Day 9. Vrådal - Oslo, a royal capital

Breakfasts open buffet. In the morning departure from Vrådal to Oslo again. On the way, you will enjoy a 2 hour cruise on Telemark Canal. It is an unforgettable experience to be elevated from 15 m to 63m through 4 locks. When the canal was completed it was considered the 8 wonder of the world. Lunch in the restaurant in the harbour. The bus will pick you up at the last lock, before leaving to Oslo /Oslo fjord. Arrival in Oslo during the evening and check-in. Free time in Oslo for shopping, till next day at 16:00, the hour of departure to Denmark. Luxury night cruise Oslo - Copenhagen the next day.

Accommodation in Oslo - hotel in the city centre.

Clarion Hotel Royal Christiania - <http://www.choicehotels.no/hotels/hotel?language=en&language=no&hotel=NO036> or

Comfort Hotel Boersparken - <http://www.choicehotels.no/hotels/hotel?language=en&language=no&hotel=NO020>

Day 10. Oslo, a royal capital

Breakfasts open buffet. Free time till transfer from the hotel to DFDS for departure to Denmark with "Pearl of Scandinavia" for a luxury night cruise Oslo - Copenhagen. On the boat restaurants open buffet, a la carte, shopping, bars, coffee, casino, places which cover all the taste and budget. Inside cabin with 2 beds.

Accommodation on the boat - Pearl of Scandinavia.

Day 11. Copenhagen, a city made in red brick

Breakfasts, open buffet. Arrival in the morning in the capital of Denmark, Copenhagen. Transfer from DFDS to the hotel and check-in. The day starting with a **panoramic bus tour** of the city (about 2 hours) which will include the **Hall town**, the **Palace of Bourse**, the harbour, "The little Mermaid" - symbol of the city, **Gefion Fountain**, the **Anglican Church**, the **Palace Christiansburg** (the actual residence of **Danish Parliament**), **Rosenberg Palace** with the crown jewellery, **Amalienborg Palace** - the residence of the royal family, (where at 12:00 a clock, the changing of the guard occurs every day), **Palace square**, the equestrian statue of **Frederic al V-lea**, **Marble Dom** and **Opera**.

After tour of city you may enjoy free time or you may join the optional trip to Helsingor-Elsinore, about one hour from Copenhagen, for a visit to the medieval castle Kronberg, the place where unreeled the tragedy of Hamlet. On the way back, a short stop to Hillerod, for an exterior visit of Fredericksburg palace - 1600, which is the royal summer residence and is included in the Museum of Danish history. It is a construction made in brick, typical Danish, on an island, and with a nice silhouette, it is reflected in the lake which surrounds it. The whole complex has a legend air. Return to the hotel in Copenhagen. Free time for tourists for dinner, a walk in the city or Tivoli amusement park.

Accommodation Copenhagen - City centre close to the port of Nyhavn.

Clarion Hotel Copenhagen - <http://www.choicehotels.no/hotels/hotel?hotel=DK006&language=en&promo=glocal>

Day 12. Copenhagen another royal capital

Breakfasts open buffet. Today free time. You may join the guide for a canal cruise starting from Nyhavn or enjoy free time to yourself. The hotel it is located near Nyhavn, maybe one of the most picturesque and attractive part of the city. Bars, coffee and restaurants lies around the harbour of Nyhavn. After a walk with the guide on the main walking street " **Stroget** ", a very popular shopping street the rest of the day is free time. Suggestions: Botanic Garden with tropical sera or Tivoli, a famous amusement park.

Accommodation Copenhagen - City centre close to the port of Nyhavn.

[Clarion Hotel Copenhagen](http://www.choicehotels.no/hotels/hotel?hotel=DK006&language=en&promo=gglocal) - <http://www.choicehotels.no/hotels/hotel?hotel=DK006&language=en&promo=gglocal>

Ziua 13. Fly at home!!!

Breakfasts open buffet. After breakfast, (depend of the fly) transfer to airport for return at home. We say Good by to the most "European" city of Scandinavia - Copenhagen - and to the Nordic countries. We look forward to when you can join us the next time for other destinations.

We are happy when you are happy - [We wish you to have a great journey & interesting tours!](#)



Price net: 1350 Euro

Sweden, Norway, Denmark 13 days/ 12 nights.

Price included:

- Transfers airport - hotel - airport (2 transfers).
- Half board included (breakfast and dinner) - 11 Scandinavian open buffets on the restaurants on the category suitable with hotels classifications, except dinner on the cruise. (12 BB and 11 HB).
- 11 accommodations conforming to the program, in the chain hotels, 3 and 4 stars - rooms with 2 beds. (On request SGL or TRP rooms).
- One cruise "locks cruise", for about 2 hours in Telemark Region. Telemark Canal was in the last century the 8th marvellous of the world - ticket - 300 NOK - 37 euro per person.
- One cruise on the **SogneFjorden** for 2 hours - ticket - 300 NOK - 37 euro per person.
- Passing with ferryboat.
- Transportation with bus 3/4 stars, with conditioner air, auto rout taxes, tunnels, bridges, passing with ferryboats, and parking places.

Price not included:

- Tickets entrance to the objectives (museums, cults places, churches, parks, etc.), others things which are not mentioned in the program.
- Optional trips*.
- Local guides. The guide who will be with the group, wills provide to the group the explications in the bus, on the way, and to the tourist objectives.
- Health insurance and others personal goods.
- Tip for guide and driver.

Note:

- Minim group 10 persons. For less then this number the trip must be recalculated.
- For booking can be full payment or an amount of minimum **500 €**. The trip must be paid in euro.
- Single supplement **250 €**.
- The trip must be paid booked, with 40 days before the departure.
- Information concerning paper's request, visa and others for people from Oman, must request in the agency in Oman. For European citizens it is not necessary visa in Norway.
- Booking start in 01.01. 2010 and finished when the last places are booked.

- **Important:** The trip can be for small groups or large families with minibus, excellent conditions.
- We can provide on request trips without driver, so they have to drive in their own. We provide **GPS** with all the destinations, point of interest assistance and guide who can share the drive.
- For groups of 10 pax, will be a driver/guide in English language (on request other language).
- For the special small groups less than 10 pax, families or individuals we not included driver, just on request.

Program made by Ramona Suci Rørvik - Stavanger, Norway.



Optional*:

Optional trips to: [Elsinore/Helsingor](#) for a visit to the medieval castle Kronberg, the places where had happen...the tragedy of Hamlet, prince of Denmark. Short halt at Hillerod, for an exterior visit of Fredericksburg Castle and courtyard. Price: 60 euro per person, included tickets entrance.

Optionals [Flåmsbana](#): - ticket - 330 NOK, about 40 euro per person, the trip with a special train, famous go and back, Flåm - Myrdal - Flåm.

Optional [Bygdøy Island](#), have to pay just boat go and back from the island - 15 minutes one way.

Note:

The classifications of the hotels and restaurants it is cell official and attributed from the organs of resorts from the respective country, therefore the agency sell the program with the specifications "chain hotels" of 3 and 4 stars in the central city.

We have the principals to give the name of the hotels, so that the tourists can look on the kind of "classifications" like Trip Advisor - other opinions from the other tourists.

Mention: the hotels in Norway have not official classifications based on stars, Norway is not a country member of the EU, and therefore it has neither the legislation of EU in the tourism field like.

In Scandinavia the people are modest, kindly, smiling, calms, special calms, therefore must be potions when you wait to bay something on the fill or others services.

In Scandinavia, especially in Norway the food at restaurants is expensive and the alcoholic drinks. But to the snack bars the prices are similar with Europe.

The breakfast and dinner is very rich - open buffet.

Most of the population speak English language and are happy to be helpful with the tourists.

The agency of tourism TORCON AS, organise special tours and with specifiqu, for individual tourists and for groups of tourists who desire to enjoy and travel to a holiday full of comfort, with locations in the centre of the town.

For further information or for booking, please don't hesitate to contact us at nr. 0047 99 34 44 55 or via E-mail: ramona.travelguide@torcon.no or ramona@torcon.no /<http://www.torcon.no/>

■ **TORCON AS - Head Office**

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